

Tabelle1

Fahrzeitentabelle

01:00:00

| | 18 km/h | 20 km/h | 22 km/h | 24 km/h | 26 km/h | 28 km/h | 30 km/h |
|--------|----------|----------|----------|----------|----------|----------|----------|
| 10 km | 00:33:20 | 00:30:00 | 00:27:16 | 00:25:00 | 00:23:05 | 00:21:26 | 00:20:00 |
| 15 km | 00:50:00 | 00:45:00 | 00:40:55 | 00:37:30 | 00:34:37 | 00:32:09 | 00:30:00 |
| 20 km | 01:06:40 | 01:00:00 | 00:54:33 | 00:50:00 | 00:46:09 | 00:42:51 | 00:40:00 |
| 25 km | 01:23:20 | 01:15:00 | 01:08:11 | 01:02:30 | 00:57:42 | 00:53:34 | 00:50:00 |
| 30 km | 01:40:00 | 01:30:00 | 01:21:49 | 01:15:00 | 01:09:14 | 01:04:17 | 01:00:00 |
| 35 km | 01:56:40 | 01:45:00 | 01:35:27 | 01:27:30 | 01:20:46 | 01:15:00 | 01:10:00 |
| 40 km | 02:13:20 | 02:00:00 | 01:49:05 | 01:40:00 | 01:32:18 | 01:25:43 | 01:20:00 |
| 45 km | 02:30:00 | 02:15:00 | 02:02:44 | 01:52:30 | 01:43:51 | 01:36:26 | 01:30:00 |
| 50 km | 02:46:40 | 02:30:00 | 02:16:22 | 02:05:00 | 01:55:23 | 01:47:09 | 01:40:00 |
| 55 km | 03:03:20 | 02:45:00 | 02:30:00 | 02:17:30 | 02:06:55 | 01:57:51 | 01:50:00 |
| 60 km | 03:20:00 | 03:00:00 | 02:43:38 | 02:30:00 | 02:18:28 | 02:08:34 | 02:00:00 |
| 65 km | 03:36:40 | 03:15:00 | 02:57:16 | 02:42:30 | 02:30:00 | 02:19:17 | 02:10:00 |
| 70 km | 03:53:20 | 03:30:00 | 03:10:55 | 02:55:00 | 02:41:32 | 02:30:00 | 02:20:00 |
| 75 km | 04:10:00 | 03:45:00 | 03:24:33 | 03:07:30 | 02:53:05 | 02:40:43 | 02:30:00 |
| 80 km | 04:26:40 | 04:00:00 | 03:38:11 | 03:20:00 | 03:04:37 | 02:51:26 | 02:40:00 |
| 85 km | 04:43:20 | 04:15:00 | 03:51:49 | 03:32:30 | 03:16:09 | 03:02:09 | 02:50:00 |
| 90 km | 05:00:00 | 04:30:00 | 04:05:27 | 03:45:00 | 03:27:42 | 03:12:51 | 03:00:00 |
| 95 km | 05:16:40 | 04:45:00 | 04:19:05 | 03:57:30 | 03:39:14 | 03:23:34 | 03:10:00 |
| 100 km | 05:33:20 | 05:00:00 | 04:32:44 | 04:10:00 | 03:50:46 | 03:34:17 | 03:20:00 |
| 110 km | 06:06:40 | 05:30:00 | 05:00:00 | 04:35:00 | 04:13:51 | 03:55:43 | 03:40:00 |
| 120 km | 06:40:00 | 06:00:00 | 05:27:16 | 05:00:00 | 04:36:55 | 04:17:09 | 04:00:00 |
| 130 km | 07:13:20 | 06:30:00 | 05:54:33 | 05:25:00 | 05:00:00 | 04:38:34 | 04:20:00 |
| 140 km | 07:46:40 | 07:00:00 | 06:21:49 | 05:50:00 | 05:23:05 | 05:00:00 | 04:40:00 |
| 150 km | 08:20:00 | 07:30:00 | 06:49:05 | 06:15:00 | 05:46:09 | 05:21:26 | 05:00:00 |
| 160 km | 08:53:20 | 08:00:00 | 07:16:22 | 06:40:00 | 06:09:14 | 05:42:51 | 05:20:00 |
| 170 km | 09:26:40 | 08:30:00 | 07:43:38 | 07:05:00 | 06:32:18 | 06:04:17 | 05:40:00 |
| 180 km | 10:00:00 | 09:00:00 | 08:10:55 | 07:30:00 | 06:55:23 | 06:25:43 | 06:00:00 |
| 190 km | 10:33:20 | 09:30:00 | 08:38:11 | 07:55:00 | 07:18:28 | 06:47:09 | 06:20:00 |
| 200 km | 11:06:40 | 10:00:00 | 09:05:27 | 08:20:00 | 07:41:32 | 07:08:34 | 06:40:00 |